
MINT, LEMON AND PAPAYA INFUSED ICED GREEN TEA



The range of Dilmah Tea used :

- Dilmah Exceptionals

The variety of Dilmah Tea used in the recipe :

- Exceptional Gentle Minty Green tea

Drink : Mocktails/Iced Tea

Ingredients

- 300ml Spring Water
- 4.5g Gentle Minty Green Tea
- 1 Chilean Papaya
- Fresh Mint Leaves
- 1 stick Lemon Grass
- 1 Lemon
- 1 Tbsp. Powdered Sugar

Methods

- Boil water to 100°C.
- Pour freshly boiled water directly on to the tea and infuse with sliced papaya, mint leaves, crushed lemon grass and sliced lemon.
- Stir and steep for 4-5 minutes.
- Stir once more and strain the tea. Let cool. Sweeten with powdered sugar and serve chilled.